TWISTERS ATHLETICS

GYMNASTICS—QUARTER 3
The Twisters Club trains at the Strasburg Rec Center. Programs begin at age two and continue through high school. The aim of the Club is to provide a safe, effective environment in which the members can participate in gymnastics under the guidance of appropriately qualified coaches. Members can choose from recreational classes or competitive team programs. DATES: Week of June 26 - September 16 (12 weeks); TIMES and FEES can be found on our website; LOCATION: Strasburg Rec Center; DEADLINE: 6/14/23

SIDELINE (REC) CHEER—QUARTER 3
Learn stunts, chants, jumps, motions, and the art of leading a crowd! The team will perform at local summer parades. DATES: Week of June 26 - September 16 (12 weeks); GRADES/DAYS/TIME: K-2nd on Tuesdays (6-7pm) & Saturdays (9-10am); 3rd-6th on Tuesdays (7-8pm) & Saturdays (8-9am); LOCATION: Rec Gym and Legion Hall; FEE: $540 (plus uniform); DEADLINE: 6/14/23

YOUTH SUMMER CAMPS

BASKETBALL CAMP
Participants will work one-on-one with the SHS coaches and players to help improve their basketball skills, including but not limited to dribbling, passing, shooting, defense, and working as a team. Based on 2023-24 grade. BOYS: June 6-8; K-2nd from 4-4:45pm; 3rd-5th from 5:45pm; 6th-8th from 6-7:30pm; LOCATION: HMS Gym; FEE: $50 (includes shirt for pre-registrants); DEADLINE: 5/26/23
Girls: May 30-June 1; K-2nd from 9-9:45am; 3rd-6th from 10-11:15am; 6th-8th from 12-1:15pm; LOCATION: HMS Gym; FEE: $55 (includes basketball); DEADLINE: 5/26/23

FOOTBALL CAMP
Participants will train with the SHS coaches and players during camp. Work on individual skills, such as throwing, catching, running, blocking, and tackling. Focus on safer techniques and skill building in all areas of play. No equipment necessary. Based on 2023-24 grade. GRADES: 3rd-6th; DATES: July 24-25; TIME: 6-7:30 pm; LOCATION: SHS Practice Field; FEE (includes t-shirt): $45; DEADLINE: 7/16/23

SUMMER ACTING WORKSHOP
A comprehensive introduction to theater. This workshop will focus on short group-scene studies, games, exercises, as well as a small-scale student showcase. Each class is designed to enhance and develop the students creativity, critical thinking, confidence, discipline, independence, emotional awareness, and cooperation; through the art of acting. The Workshop includes two classes per week for 4 weeks in June. DAYS: Wednesdays and Thursdays, June 7-29 (plus performance); GRADES/TIMES: 3rd-5th from 9:30-11am; 6th-8th from 11am-12:30pm; High School from 12:30-2pm; SPECIAL INTRODUCTORY RATE: $100 per student; DEADLINE: 6/1/23

Brought to you by theater professional, Eric Schulte. Eric is a proud member of the Actors Equity Association, has been working in entertainment as a stage performer, director, and coach for over 25 years. He is excited to bring his experience in education and the performing arts to eastern Colorado.

Register online at www.strasburgparks.org
ADULT SPORTS

**WOMEN’S GRASS VOLLEYBALL LEAGUE**
Up to 7 game, 4-on-4 grass volleyball league—play each team once. League champions will be awarded. Team/Roster Max: 8 teams/6 players per roster, Minimum 6 teams. DATE: Tuesdays, June 6 - July 7; AGES: 14-Adult; TIME: Games begin at 5:30pm; LOCATION: Five Acre Multipurpose Field; FEE: $150 per team; DEADLINE: 5/29/23

**SLOW-PITCH SOFTBALL LEAGUE (COED)**
Up to 7 game season (play each team once) with single elimination tournament (Aug. 3-5). Eight (8) team max. Rosters must be submitted before first game. AGES: Adults 18+ (out of High School); DATES: Tuesdays & Thursdays, beginning June 27; TIME: Begin at 6pm; LOCATION: South Softball Field; FEE: $325 per team; DEADLINE: 6/18/23

**CORNHOLE TOURNAMENT (COED)**
Compete in pool play to a double-elimination tournament. Eight (8) teams max (2 players per team). Minimum 6 teams. DATE: July 12; AGES: 14-Adult; TIME: 10am start time; LOCATION: Lyons Park; FEE: $40 per team; DEADLINE: 7/14/23

OUTDOOR EVENTS

Enjoy a family movie, under the stars, on a huge 24-foot movie screen! Bring your chairs and blankets. Concessions will be available for an additional charge. TIME: Seating opens one hour before dusk; LOCATION: North Baseball Field, 56401 Sunset Ave. in Strasburg; FREE admission, but donations are appreciated to help fund Youth Programs and Scholarships. June 23; The Blind Side, Sponsored by Crandell Drilling; July 14: The Jungle Book, Sponsored by Bijou Telephone Systems Co-op; August 12 (Hometown Days): Top Gun, Sponsored by Corridor Collision; September 15: Encanto, Sponsored by TBK Bank

**FOAM FUN DAY**
Come join the fun of FREE FOAM DAY, sponsored by the Strasburg Fire District. Children should bring a towel, sandals, and goggles. The foam is nontoxic, similar to soap. Hoses will be available to wash off. DATE: July 15; AGE(S): All Ages; TIME: 1pm

**WATERCOLOR ART CLASS**
Learn techniques unique to working with liquid watercolor paint. Put those skills into practice and leave with a finished watercolor painting. This is a beginner class and all supplies are provided. DATES: Choose from July 25, 27 (DEADLINE: 7/17/23); Aug. 8, 10 (DEADLINE: 8/1/23); AGES: 16-Adult; TIME: 6-8:30pm; LOCATION: Legion Hall; COST: $30 per person ($25 OFF the first 10 registrations!); DEADLINE: 8/14/23

**SPECIAL EVENTS**

**YOUTH SPORTS**

**BIG D’S WARRIORS ADAPTIVE BASEBALL**
Big D’s Warriors Adaptive Baseball League gives children with physical and intellectual challenges the chance to play and compete. GRADES: Special Education K-12th; DATES: Sundays, July 9—August 6; TIME: 5-6pm; LOCATION: Strasburg South Field; FEE: Free; DEADLINE: 6/11/23—sponsored by Cancer Fighters to the Rescue; Action Signs and Graphics

**PEE WEE SPORTS**
Our Preschool “Pee Wee” Sports programs are designed to introduce your little one to team play, sharing, and physical activity. We highly encourage parent involvement so that your child can participate without pressure or apprehension. There are no practices for this league and game time is strictly FUN time! Registration fee includes t-shirt and all. All teams are coed.

**SPORTS CAMP** (kickball, obstacle course, and more): DEADLINE: Monday, July 12 – August 2 (4 weeks); AGES: 2-4 years; TIME: Beginning at 5:30pm; LOCATION: Varies by sport; IN-DISTRICT: $45 ($50 out-of-district); DEADLINE: 6/11/23

**T-BALL** (intro to baseball): DEADLINE: 4 weeks in September, no weekends; AGES: 2-4 years; TIME: Beginning at 5:30pm; LOCATION: North T-Ball Field; IN-DISTRICT: $45 ($50 out-of-district); DEADLINE: 6/6/23

**FALL SOFTBALL**
REGISTRATION & FEES: www.bybsa.net; All divisions will play 2 games per week on Saturdays through IPGSA. Fee includes jersey and socks. AGES: 6-14 (age as of 4/30/23); DATES: Practice starts the week of Aug. 14, games are played Saturdays Sept.- Oct.- 15 (tournament finishes on Sunday 10/15); LOCATION: Practice in Strasburg, Games in Northern Front Range Area; DEADLINE: 7/15/23 (LATE REGISTRATION: 8/1/23)

**FALL BASEBALL**
REGISTRATION & FEES: www.bybsa.net; All divisions will play 2 games (one for machine pitch) per week on Sundays through BYBSA. Fee includes jersey and hat. AGES: 6-14 (age as of 4/30/23); DATES: Practice starts the week of Aug. 14, games are played Sept. 10—Oct. 2; LOCATION: Practice in Strasburg, Games are in Brighten and Broomfield; DEADLINE: 7/15/23 (LATE REGISTRATION: 8/1/23)

**FLAG FOOTBALL**
League includes 1-2 practices per week with games on Saturdays in Strasburg. Fee includes jersey and flags. GRADES 1st-3rd (2023-24): Practice begins week of Aug. 8, Games are played Aug. 26—Oct. 7 (no game 9/2); LOCATION: Five Acre Field in Strasburg; IN-DISTRICT: $60 ($65 out-of-district); Player must provide soft shell helmet; DEADLINE: 7/16/23

**GRADES PK-K (2023-24): Practice begins week of Aug. 21; Games are played Sept. 9—Sept. 30 (end of season tournament); LOCATION: Five Acre Field in Strasburg; IN-DISTRICT: $45 ($50 out-of-district); DEADLINE: 8/6/23

**TACKLE FOOTBALL**
Strasburg Youth Football competes in the Colorado Prairie League. Player must provide pads, pants, helmet, and cleats. GRADES (2023-24): 3rd—6th; DATES: Practice begins week of Aug. 1, Games begin Aug. 26 (6 weeks), Play-offs start Oct. 14, championship game Oct. 28; LOCATION: Practice in Strasburg—games are played in Strasburg, Byers, Limon, Calhan, Simla, Bennett, and Peyton on Saturdays; IN-DISTRICT: $95 (includes one jersey); DEADLINE: 7/16/23

**PITCH-HIT-RUN**
MLB Pitch, Hit & Run is an exciting skills competition that provides boys and girls the chance to advance through multiple levels of competition, including Team Championship events at all 30 Major League ballparks. DATE: Saturday, July 15; TIME: 9am (check-in at 8:30am); AGES: 7-14; LOCATION: Strasburg South Softball Field; FEE: Free Event; Must Register Online!

**CARA CROSS COUNTRY**
Colorado Association of Recreational Athletics (CARA) Cross Country provides youth with a recreational distance run experience in a fun, age-appropriate, and skill developmentally based atmosphere. Participants will compete in 5 meets on Saturdays or Sundays in September-October. Boys and girls compete in separate divisions and distances vary by age (14U-4K, 12U-3K, 10U-3K, BU-2K). Practices start the beginning of August; AGES: 14 and under; DATES: 2nd week in September—October; TIME: 9 am; LOCATION: Varies per year, most in the Front Range Area; FEE: $35 (plus meet fees); DEADLINE: 7/24/23

**EASTERN PLAINS YOUTH SOCCER**
REGISTRATION & FEES: www.eypsacolorado.org; Fall Soccer 2023—Ages: 3-15, Coed Teams; Dates: Aug. 7-Oct. 21; Location: Trupp Park in Bennett; Practices begin Aug. 7 and Games begin Aug 19. DEADLINE: 7/30/23 (based on availability)