



GYMNASTICS CHEER & DANCE

TWISTERS ATHLETICS

The Twisters Gymnastics Club trains at the Strasburg Rec Center, located at 1932 Burton Street in Strasburg. Programs begin at age two and continue through high school. The aim of the Club is to provide a safe, effective environment in which the members can participate in gymnastics activities under the guidance of appropriately qualified coaches. Members can choose from recreational classes or competitive team programs. Each class is carefully constructed to motivate your child in a fun and progressive environment with the primary emphasis on safety and proper training methods for injury prevention and physical growth.

MEMBERSHIP: Students must be enrolled through Strasburg Parks & Rec District to participate in classes. There is a one-time \$5 application fee to join the Club. To enroll, you must initiate the membership online at www.StrasburgParks.org and then you will be contacted for class placement. Automatic, recurring payments will be made on a monthly basis. Sibling discounts are available.

Your monthly membership payment entitles you to four (4) weeks of classes. This equates to 48 weeks, annually (regardless of the number of weeks in a month). The Club will be CLOSED on the following dates this summer (classes can be made up anytime during the week following the holiday): May 27 (Memorial Day), July 4 (Independence Day), September 2 (Labor Day)

For a complete schedule of class times, go to: www.StrasburgParks.org

GYMNASTICS MEMBERSHIP FEES

PROGRAM	1x PER WEEK	2x PER WEEK	3x PER WEEK
PARENT TOT & PRE-SCHOOL CLASSES	\$25 / MONTH	\$45 / MONTH	N/A
RECREATIONAL CLASSES	\$45 / MONTH	\$65 / MONTH	N/A
COMPETITIVE CLASSES	\$65 / MONTH	\$85 / MONTH	\$105 / MONTH

BIRTHDAY PARTIES

Celebrate your birthday with Twisters Gymnastics! Please call to reserve a date and time. Party Fee is \$150 (a \$50 non-refundable deposit is required to hold your spot) and includes 2 hours of FUN! Children should wear comfortable clothes to the party that will allow them to move freely. Call (303) 622-4260 to schedule a birthday party. Party Package Includes: Up to 10 Kids (\$5 each additional child); 1 Hour 15 minutes in the Gym with instruction from Twisters Staff; 45 minutes in the party room, goodie bags for each child, gymnastics medal for birthday child, and invitations for you to distribute. You may bring pizza, cake, presents, etc. Clean-up provided by Twisters Staff. Birthday child and guests do not have to be members of Twisters Gym.

COME HAVE A
GYMTASTIC
BIRTHDAY
WITH US!

REGISTER ONLINE at StrasburgParks.org

PHONE (303) 622-4260

TWISTERS DANCE

Come join us for a fun-filled week of summer dance! Our campers will learn the basics of and how to execute moves properly. **DATES / AGES:** See below; **LOCATION:** Strasburg Rec Dance Room; **REGISTRATION FEE:** \$25 PER SESSION



SUMMER DANCE CAMPS	DEADLINE	3-5 YEAR OLDS	6-8 YEAR OLDS	9+ YEAR OLDS
SESSION 1 (Ballet): JUN 3-7	05/30/19	5:30-6:00pm	6:00-7:00pm	7:00-8:00pm
SESSION 2 (Poms): JUN 10-14	06/06/19	5:30-6:00pm	6:00-7:00pm	7:00-8:00pm
SESSION 3 (Jazz): JUN 17-21	06/13/19	5:30-6:00pm	6:00-7:00pm	7:00-8:00pm
SESSION 4 (Hip Hop): JUN 24-28	06/20/19	5:30-6:00pm	6:00-7:00pm	7:00-8:00pm
SESSION 5 (All Genres): July 8-12	07/03/19	5:30-6:00pm	6:00-7:00pm	7:00-8:00pm
SESSION 6 (All Genres): July 15-19	07/11/19	5:30-6:00pm	6:00-7:00pm	7:00-8:00pm

OPEN DANCE STUDIO

Learn basic dance technique while working on flexibility and strength. No advance commitment or registration necessary. Open Dance Studio is an opportunity for all levels to enjoy a class on a drop-in basis. Days and times listed below. **LOCATION:** Strasburg Rec Dance Studio (at the Rec Center); **REGISTRATION FEE:** \$5 PER CLASS

DAYS	3-5 YEAR OLDS	6-8 YEAR OLDS	9+ YEAR OLDS
MONDAYS (May 6, May 13)	5:30-6:00pm	6:00-7:00pm	7:00-8:00pm
SATURDAYS (June 8, June 22, July 13, and August 3)	9:00-9:30am	9:30-10:30am	10:30-11:30am

TWISTERS CHEER

SIDELINE/POMS (REC) CHEER

This summer session your cheerleader will learn dance (poms), jumps, motions, and parade performance technique. The Rec Cheer team will perform at the Byers Independence Day Parade on July 4 and at the Strasburg Hometown Days Parade on August 10; Summer Session (10 weeks) classes begin June 1 through August 10. No classes on July 6. **GRADES: K-5th; DAY: Saturdays (June 1-August 10, no class on July 6); TIME: 8:30-9:30am; \$90/95 (if you need a uniform); \$60/65 (if you have a uniform); REGISTER BY: 5/30/19**

CHEER (COMPETITIVE) TEAM

Our comp cheer teams emphasize tumbling, stunting, arm motion technique, and jumps. The competitive team is a year-long commitment. The teams prepare for and compete in five competitions in the Denver area (plus perform at other local events as scheduled). Please call for additional information and enrollment requirements. Tuition, uniform, and competitive fees will be presented at Info Meeting.

Levels are determined through a try-out procedure:

- May 29th at 5:30pm: Mandatory Info Meeting
- June 1 from 7:00-8:30am: Try-out Clinic
- June 5 from 6:00-8:30pm: Try-out Clinic
- June 7: Teams Announced!



REGISTER ONLINE at StrasburgParks.org

PHONE (303) 622-4260